



## TOG-VALUE

### disana Sleeveless Sleeping Bag

The disana Sleeveless Sleeping Bag was measured with a TOG of 1.7.

Which TOG value can be used at which temperature is usually indicated as follows:

- 0.5 TOG: Summer sleeping bag for hot temperatures from 22 °C
- 1.0 TOG: Light sleeping bag at temperatures of 19-22 °C
- 1.5 TOG: Medium-weight sleeping bag at temperatures of 18-21 °C
- 2.0 TOG: Lined sleeping bag at temperatures of 17-20 °C
- 2.5 - 3 TOG: Heavily lined sleeping bag at temperatures below 16 °C

**The TOG value does not take into account whether a sleeping bag has or doesn't have sleeves.**

Only the thermal resistance of the material is measured.

				disana RECOMMENDATION		
				+ 25 °C	24 ° - 22 ° C	21 ° - 18 ° C
 <p><b>disana</b> <b>Sleeveless Sleeping Bag</b></p>	 <p>wool   wool / silk</p>	 <p>wool   wool / silk</p> <p>terrycloth – pyjamas  wool</p>	 <p>wool   wool / silk</p> <p>terrycloth-pyjamas  wool</p>			