



TOG-Value

disana Boiled Wool Sleeping Bag

The disana Boiled Wool Sleeping Bag was measured with a TOG of 1.8.

Which TOG value can be used at which temperature is usually indicated as follows:

- 0.5 TOG: Summer sleeping bag for hot temperatures from 22 ° C
- 1.0 TOG: Light sleeping bag at temperatures of 18-24 ° C
- 1.5 TOG: Medium-weight sleeping bag at temperatures of 18-22 ° C
- 2.0 TOG: Lined sleeping bag at temperatures of 17-20 ° C
- 2.5 - 3 TOG: Heavily lined sleeping bag at temperatures below 16 ° C

Only the thermal resistance of the material is measured. Since both disana sleeping bags are made from the same organic wool, the resistance of the material is of course almost the same.

Our disana Boiled Wool Sleeping Bag is heavier and comes with a light cotton lining. It is therefore intended for the cold season and room temperatures of 16° - 20° C.

		disana RECOMMENDATION		
		20 – 18 °C	18 ° - 16 ° C	
 disana Boiled Wool Sleeping Bag	 wool wool / silk	 terrycloth - pyjamas wool	 wool wool / silk	 terrycloth - pyjamas wool